



## DIGITAL BRAIN SWITCH

### INTERVIEW INFORMATION SHEET

**This information sheet supplements the original information sheet you were given before the video study.**

#### **What is the aim of the interview study?**

These interviews are part of the larger research project, **the Digital Brain Switch (DBS) Project**. More details about this can be found on the DBS website <http://digitalbrainswitch.org.uk/> and in the original information sheet you were given prior to the video study. The purpose of the interviews, as part of this overall project, is to further explore the specific occasions of switching recorded in earlier video diaries and to relate these to wider life experiences.

#### **Who is conducting the interview study?**

The interviews will be conducted by **Petros Chamakiotis** and **Gillian Symon** who are both based in the School of Management at Royal Holloway University of London. Both Petros and Gillian have experience of other research projects examining the use of digital technologies at work and expertise in carrying out research interviews. More information about Petros and Gillian can be found at <http://digitalbrainswitch.org.uk/project-team/>.

#### **Why am I being invited to participate in this interview study?**

You have been asked to take part in these interviews because you have already taken part in the video diary study which was conducted by Rebecca Whiting and Helen Roby of The Open University.

#### **What will be involved in the interview study?**

If you agree to take part in this next stage of the project, we will arrange a suitable location to talk about your work-life switching experiences. This will likely be at one of the participating universities unless you would prefer to meet with us at your place of work. Our preference is for somewhere reasonably quiet. We would like to conduct these interviews a few weeks after the video diary so that the events recorded are still reasonably fresh in your mind. Before the interview, we would like you to review your video diary that you will have saved to your own home technology. During the interview, we will be reviewing the video data with you and also asking some further questions that will help us understand how these incidents fit into your ongoing life experiences and concerns.

It is expected that each interview will not exceed 60 minutes.

We would like to record these interviews. Recording the interviews makes it much easier for us to concentrate on what you are saying and means we have a detailed record of our conversation. However you can refuse to have the interview recorded if you wish or ask to have the recording device switched off at any time during the interview.

#### **Is it confidential?**

Your participation will be treated in **strict confidence** in accordance with the Data Protection Act. Please refer to the original information sheet you were given prior to the video study for further details. Note that

the interviews will be transcribed by a confidential professional transcriber, previously used by the project team, and who operates under their own ethical code of conduct.

### **How will I find out about the results of my participation?**

Analysis of the interviews, among other data collected, will be presented at various conferences and written up in various reports, such as for the EPSRC, and for both practitioner and academic communities. Most of what we write up from this information will be posted on the project website, so you can look in there to see how we are interpreting all the information we have collected.

This analysis will also be used as the basis for developing supportive technologies. Those wishing to be involved in this will have the chance to share their experiences with other participants and help to co-design these supportive technologies. If you would like to be involved further in this process there will be an opportunity to do so via the **DBS Research Platform**, currently in development. Updates on this will become available shortly on the DBS website. If you wish to participate in this way, please contact the project team on [DBS-Project@open.ac.uk](mailto:DBS-Project@open.ac.uk).

### **What happens now?**

A member of our research team will be contacting you in order to arrange a convenient place and time for the interview.

### **What if I have other questions?**

If you have any queries about your participation in this part of the project or the project more generally there are answers to FAQs provided on the project website. You are also welcome to contact Petros Chamakiotis on **+44 1784 276416** or by email at [DBS-Project@open.ac.uk](mailto:DBS-Project@open.ac.uk).