

Join us for this one-day symposium on new ways of understanding and exploring our 'work-life balance' (WLB) in the digital age.

Beyond Balance:

how digital technologies are affecting our work, our homes, and everything in between

Monday 27 June 2016, 9.30am-5pm

Institution of Engineering & Technology (IET)
Savoy Place, London, WC2R 0BL

[For latest details, click here.](#)

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- Open to researchers, postgraduate students, businesses, technology developers, policymakers, HR professionals, flexible workers, entrepreneurs and the media
- Hear about the latest research from contributors across 16 UK universities
- Sessions are outputs of [activities](#) running between November 2015-April 2016
- Interactive sessions include digital data collection and a design workshop
- Find out about Balance Network legacy funding of up to £2.5k

Keynotes:

- **Work/Life Symbiosis** Claire Fox (Global HR Director at Save the Children International and [author](#))
- **Against Productivity** Oliver Burkeman (author of the Guardian's [This Column Will Change Your Life](#))
- Plus **Welcome** from IET president Naomi Climer

Sessions:

- **Mobile technologies & business travellers**
Dr Donald Hislop (Loughborough University) & Prof Jonathan Beaverstock (University of Bristol)
- **E-resilience: what's the solution?**
Dr Christine Grant (Coventry University), Dr Almuth McDowall (Birkbeck, University of London) & Prof Gail Kinman (University of Bedfordshire)
- **Material desires: design & WLB**
Paulina Yurman (Goldsmiths, University of London)
- **How to life-swap with personal data**
Dr Rowanne Fleck (University of Birmingham) & Dr Anya Skatova (University of Warwick)
- **WLB, digital technologies and energy demand** Dr Rachel Macrorie (University of Sheffield) & Dr Tom Hargreaves (University of East Anglia)
- **Reconceptualising work-life boundaries**
Dr Helen Roby (The Open University), Dr Rebecca Whiting (Birkbeck, University of London), Prof Gillian Symon (Royal Holloway, University of London) & Dr Petros Chamakiotis (University of Sussex)
- **Crowdsourcing: prolonging working life**
Dr Sally-Anne Barnes (University of Warwick), Prof Anne Green (University of Warwick), Prof Leela Damodaran (Loughborough University) and Simon Joyce (University of Hertfordshire)
- **Going 'off-grid': connectivity during travel**
Dr Barbara Neuhofer & Prof Adele Ladkin (Bournemouth University)